

# Sewing Syllabus

Semester 1: Fall 2023 (Aug 28th - Dec 4th) 12 Weeks

## Instructor information

| Curriculum Liaison | Email                  | Location & Time & Group              |
|--------------------|------------------------|--------------------------------------|
| Cyndi              | csobransingh@gmail.com | Sanctuary: 2:00PM -3:00PM<br>Group C |

## General information

### Description

Learn basic hand sewing, repairs, and machine sewing to make simple projects and garments.

### Expectations and goals

Students are expected to participate in class, behave in a Christ-like manner, show respect toward their classmates and adults, and give the tutor their attention.

## Course materials

### Required supplies

- Sharp Fabric (only) Scissors
- Paper Scissors
- Thread snips or embroidery scissors (optional)
- Pinking shears
- Measuring tape
- Tailor's chalk or chalk pen/kid's washable markers in a pinch
- Tracing carbon paper and tracing wheel
- Extra bobbins You can buy them after class starts if you have questions about the size.
- Extra machine needles (Schmetz Universal size 12/80 is best)
- Hand needles
- All-purpose machine thread in white and black (other colors as needed)
- Pin cushion
- Sewing machine and manual
- Seam ripper
- Straight pins
- Extension cord for a sewing machine.

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## Course Schedule

| Week    | Date     | Topic  | Lesson/Lesson |
|---------|----------|--|---------------|
| Week 1  | 9/04/23  | Introduction to Sewing Tools and Equipment                       | Lesson 1      |
| Week 2  | 9/18/23  | Basic Hand Stitches and Their Applications                       | Lesson 2      |
| Week 3  | 9/25/23  | Making a Simple Bookmark (Two Ways) & Basic Seam Technique       | Lesson 3      |
| Week 4  | 10/02/23 | Sewing on Buttons and easy repairs                               | Lesson 4      |
| Week 5  | 10/09/23 | Understanding Different Fabrics and Preparing Fabrics for Sewing | Lesson 5      |
| Week 6  | 10/16/23 | Sewing Machine Basics and Safety Precautions                     | Lesson 6      |
| Week 7  | 10/30/23 | Make a Round Pillow/Cushion with a Handle                        | Lesson 7      |
| Week 8  | 11/06/23 | Sewing Hems and Finishing Techniques                             | Lesson 8      |
| Week 9  | 11/13/23 | Creating Simple Bags and Totes                                   | Lesson 9      |
| Week 10 | 11/20/23 | Introduction to Patterns and Pattern Reading                     | Lesson 10     |
| Week 11 | 11/27/23 | Taking Measurements for Pajama Pants/ Explain Basic Alterations  | Lesson 11     |
| Week 12 | 12/04/23 | Prepare Pattern and Cut Pants                                    | Lesson 12     |
|         |          |  |               |